

DAILY SPEAK · PRINT EDITION

日常英语表达

一句英文 · 一句中文对照

1,123 句 · 6 个大类 · 23 个小分类

按场景分类 · 白底 A4 打印版 · 2026-10-21

日常工作交流（一） 105 句

Let's touch base later.

我们稍后再联系。

Can you give me a heads-up?

你能提前告诉我吗？

I'm just following up on that.

我只是跟进一下那个事情。

That sounds good to me.

我觉得不错。

Let's circle back to this.

我们稍后再讨论这个。

I'll loop you in.

我会让你参与进来，了解相关情况。

Keep me in the loop.

随时告诉我进展。

I'll get back to you on that.

我会再回复你。

Let's table that for now.

我们暂时搁置这个问题。

I'm on it.

我正在处理。

That's a game-changer.

这能彻底改变局面。

Let's sync up tomorrow.

我们明天再同步一下。

I'm all ears.

我洗耳恭听。

It's a win-win situation.

这是双赢的局面。

We need to brainstorm ideas.

我们需要集思广益。

I'll send that over to you.

我会把那个发给你。

We're on the same page.

我们达成一致了。

Could you clarify that?

你能澄清一下吗？

I appreciate your feedback.

我很感激你的反馈。

That's a great point.

这是个很好的观点。

I'll take care of it.

我来处理这件事。

Let me check on that.

让我查一下这个情况。

I'll be right back.

我马上回来。

Let's keep it brief.

我们简短一点。

Could you give me a moment?

你能给我一点时间吗？

I'm just putting feelers out there.

我只是在试探一下。

We're running out of time.

我们时间快不够了。

I'll catch up with you later.

我稍后跟你联系。

Let's get the ball rolling.

我们开始吧。

This is a priority.

这是优先处理的事项。

Let's dive into the details.

我们深入讨论细节吧。

I'm happy to help.

我很乐意帮忙。

I need to step out for a moment.

我需要出去一下。

Let's set up a meeting.

我们安排个会议吧。

I'm looking forward to it.

我很期待。

That's the bottom line.

这就是关键所在。

Could you walk me through it?

你能一步步给我讲解一下吗？

That's a good call.

这个决定很明智。

We'll take that into consideration.

我们会考虑这个。

Let's brainstorm some solutions.

我们集思广益想一些解决方案。

I'm not sure I follow.

我好像没太明白你的意思。

Can you clarify that for me?

你能给我解释一下吗？

I need more information on this.

我需要更多的信息。

Let's wrap it up.

我们结束吧。

I'll keep that in mind.

我会记住这一点的。

I'll have a look at that.

我会看看这个的。

I'm glad we could connect.

很高兴我们能联系上。

Let's set some action items.

我们明确一下接下来要落实的任务吧。

I'm on the same page as you.

我和你意见一致。

This needs immediate attention.

这个需要立刻处理。

Can we touch base on this later?

我们稍后再讨论这个可以吗？

I'll take care of it right away.

我会立刻处理这件事。

That's not really my area.

那不太是我的领域。

I'm juggling a few tasks right now.

我现在正同时处理好几项任务。

I'll loop back with you.

我会再和你联系。

Let's get on the same page.

我们达成一致吧。

We're in the home stretch.

我们快完成了。

Let's put a pin in it for now.

我们暂时搁置这个话题。

I need to get a better understanding of this.

我需要更好地理解这个。

That's a tough one.

这个问题很难。

I'll check in with you soon.

我会很快和你联系。

I'm all set.

我准备好了。

I'll get back to you as soon as possible.

我会尽快回复你。

Let's regroup later.

我们稍后再汇合。

I'm on the same wavelength.

我和你想法一致。

Could you elaborate on that?

你能详细说一下吗?

I'm still working on that.

我还在处理这个。

Let's touch base at the end of the week.

我们这周快结束时再联系一下吧。

This needs to be prioritized.

这个需要优先处理。

I think we're good to go.

我觉得我们可以开始了。

I'll keep you posted.

我会随时告诉你最新情况。

Can we get a quick update?

能给我们简要介绍一下最新进展吗?

Let's go over the details.

我们过一下细节吧。

I'll forward this to you.

我会把这个转发给你。

I need to wrap this up soon.

我需要尽快结束这个。

Let's do a deep dive on this.

我们深入分析一下这个。

That's a great initiative.

这是个很好的举措。

I'll be on top of it.

我会紧盯这件事，确保处理妥当。

Let's get down to business.

我们开始谈正事吧。

I'll follow up with you tomorrow.

我明天会再联系你，跟进这件事。

I'm happy to provide further details.

我很乐意提供更多细节。

I'll need your input on this.

我需要你的意见。

I think we can make this work.

我觉得我们能让这个方案行得通。

Let's not get ahead of ourselves.

我们不要操之过急。

I need to run this by you.

这件事我需要先听听你的意见。

I'll keep an eye on it.

我会密切关注这个。

Let's review the plan.

我们再看一下这个计划吧。

I'll let you know if anything comes up.

如果有什么变化我会告诉你。

Let's go ahead and make a decision.

我们就做个决定吧。

I'll bring this up at the next meeting.

我会在下次会议上提这个。

I'm sure we can come to an agreement.

我相信我们可以达成一致。

We need to step up our game.

我们需要提升我们的表现。

Let's put together a proposal.

我们准备一个提案吧。

I'll follow through on this.

我会落实这个。

We should be able to wrap this up soon.

我们应该很快能结束这个。

Let's plan accordingly.

我们要做好相应的计划。

I need to get clarification on that.

这件事我需要请人解释清楚。

I'll check on the status of that.

我会查一下那件事的进展。

I'll be in touch.

我会联系你的。

Let's keep this moving forward.

让我们继续推进这个。

I'll be available if you need me.

如果你需要我，我会有的。

We should stay flexible.

我们应该保持灵活。

Could you confirm that for me?

你能为我确认一下吗？

I think we're making good progress.

我觉得我们进展不错。

I'll take the lead on this.

这件事我来牵头负责。

日常工作交流（二） 58 句

I have no idea how to complete this project.

我不知道怎样完成这个项目。

Will you be able to make the deadline?

你能按期完成吗？

I don't think you can meet the deadline.

我不认为你能在截止日期前完成。

I'm so worried that I am going to miss the deadline.

我很担心我将无法按时完成。

This project is due next Monday.

这个项目的截止日期是下周一。

This task must be finished by June 18th.

这项任务最迟必须在六月十八日完成。

The manager required me to submit it this coming Friday.

经理要求我在这周五提交。

I hope you will inform me of your progress.

我希望能告知你的进度。

I am able to complete my work on time.

我能按时完成工作。

Why is there a delay?

为什么会有延期呢？

Don't forget we have our scheduled meeting.

别忘了我们约好的会议。

God, are we having a meeting again?

天啊，我们又要开会了吗？

Are we going to be late for the meeting?

我们开会是不是要迟到了？

Our meeting will be at 2 p.m.

我们将在下午两点开会。

Which meeting room are you referring to?

你是指哪一间会议室呢？

Could you please send the finalized agenda to me?

麻烦请你把议程终稿发给我，可以吗？

Is anyone absent today?

今天有哪位缺席的么？

If we have time at the end of the meeting, we can come back to this.

如果会议结束之前还有时间，我们再回头来谈论这件事情。

Please read the meeting agenda prior to the meeting, and come prepared.

请在会议前阅读议程表，并做好准备。

Are you available now?

你现在有空吗？

Could you forward that email to me?

你能把那封邮件转发给我吗？

What else should I pay attention to?

我还应该注意什么？

Please finish the task at hand.

请完成手头的任务。

Please get this done as soon as possible.

请尽快把这件事做完。

Please bring the following documents to her office.

请把以下文件带到她的办公室。

I will follow your instructions.

我会按照你的指示办事。

You will be out visiting clients with me later.

稍后你将陪我出去拜访客户。

There is something that I want you to do.

有件事我想让你做。

You've been assigned to give a presentation tomorrow.

你被安排在明天做展示汇报。

Keep it to yourself.

这件事请保密。

I'll keep you informed.

我会随时告诉你相关情况。

Keep an eye on it.

请密切关注这件事。

Please follow up and follow through.

请持续跟进，把事情落实到底。

This is our top priority.

这是我们最需要优先处理的事。

You need to understand the scope of your responsibilities.

你需要了解自己的职责范围。

You can have a stand-up meeting with your colleagues.

你可以和同事开个简短的站会。

We usually have conference calls twice a week.

我们通常每周开两次电话会议。

They usually have one-on-one meetings online.

他们通常在线上开一对一会议。

Brainstorming is a popular way of working in foreign companies.

头脑风暴是外企中一种常见的工作方式。

I am very cooperative and well organized.

我很乐于合作，做事也很有条理。

I do have good communication skills.

我具备良好的沟通技巧。

She is an outstanding negotiator.

她是一位出色的谈判者。

He is well-known and ambitious.

他挺出名的，而且雄心勃勃。

Our leader is a big fan of coffee.

我们领导是咖啡的忠实爱好者。

It's nice to have your company.

有你陪着真好。

Would you accept a job requiring travel?

你会接受需要出差的工作吗？

Can you meet tight deadlines or work well under pressure?

你能在期限很紧的情况下按时完成任务，或在压力下保持良好的工作表现吗？

What do you do to kill time?

你平时是如何消磨时间的？

Would you mind leaving your phone number with me?

你介意留下你的电话号码给我吗？

It's an honor to be part of the team.

很荣幸成为团队的一员。

It's my great honor to work with you all.

能与你们一起工作，我感到非常荣幸。

I am so pleased to be the manager of the Marketing Department.

我很高兴能成为市场部经理。

Please feel free to point out my mistakes.

请随时指出我的错误。

Let me show you around.

我带你熟悉一下周围环境吧。

You'd better familiarize yourself with the facilities here.

你最好熟悉一下这里的设施。

You'll need to show your ID to enter the office building.

进入办公楼需要出示身份证件。

Inside the copy room, you will find the printer on your left.

在复印室里，你会在左边找到打印机。

Reading the company manual will help you get started more easily.

阅读公司手册能帮助你更轻松地上手工作。

实用工作表达 61 句

Could you please reply to me at your earliest convenience?

请在方便的时候尽快回复我，好吗？

I'm on the night shift today.

我今天上夜班。

I'm so sorry, but something has come up. Can we reschedule?

实在不好意思，我临时有点事。我们能改个时间吗？

I'll get back to you soon.

我稍后回复你。

Please let me know as soon as you have any updates.

一有新情况，请及时告诉我。

He is a regular customer of ours.

他是我们的常客。

You are awesome!

你很棒！

You read a lot!

你读的书真多！

You always come up with fantastic ideas!

你总能提出超棒的点子！

I really appreciate your effort.

真的很感谢你的付出。

Thank you so much for participating in and contributing to this project.

非常感谢你参与这个项目并作出贡献。

What's on the agenda for today?

今天的会议议程是什么？

Prioritizing work is very important.

分清工作的轻重缓急很重要。

Could you please write the meeting minutes?

能帮忙写个会议纪要吗？

I'm responsible for formulating business strategy.

我负责制定业务策略。

I mainly develop new products and update old ones.

我主要开发新产品以及更新旧产品。

I need to see things from users' points of view.

我需要站在用户的角度看问题。

Let's call it a day!

收工啦！

Please keep me in the loop.

有进展请随时告诉我。

We can come back to this question in a moment.

我们可以过一会儿再回头讨论这个问题。

I believe there should be 6 of us in total, so we have 2 missing.

我想我们应该一共六个人，所以还有两个人没到。

I don't think we should be going into this much detail at this stage.

我觉得这个阶段不必讨论这么多细节。

You have been very quiet. Do you have anything to add?

你一直没怎么说话，有什么要补充的吗？

Could I interrupt here?

我能在这里打断一下吗？

Could I just check I've understood you correctly?

能让我确认一下自己有没有正确理解你的意思吗？

Sorry to have kept you waiting.

对不起让你们久等了。

Let's start with a brief recap of the previous meeting.

我们先简单回顾一下上次会议的内容吧。

Okay, that's the broad plan. Let's get down to the specifics now.

好，这就是整体计划。现在我们来谈具体细节吧。

The customer had second thoughts about signing the contract.

客户对签合同这件事有些犹豫了。

We should think about how to sell ourselves to them.

我们应该想想怎样向对方展示我们的优势。

We might get a second opinion.

我们或许可以再听听别人的意见。

We should just move on even if the new plan is not accepted.

即使新方案没有被接受，我们也应该继续往前走。

The floor is yours now.

下面的时间就交给你了。

My job brings me a sense of fulfillment.

这份工作给我带来充实感和满足感。

The new plan may save the day.

新方案没准能扭转局面。

You should get work experience.

你要积累工作经验。

So you're going to slack off?

所以你是打算偷懒了吗？

We can test the waters first.

我们可以先试试水。

This is a dead-end job.

干这个工作没前途。

We can find a happy medium.

可以找个折中的法子。

Time will tell.

时间会证明一切。

This is really a time-consuming job.

这确实是一项很耗时的的工作。

We are short-staffed.

我们人手不足。

Just take your time.

可以慢慢来。

Practice makes perfect.

多练练自然就会了。

He has a large following in the company.

他在公司里有很多支持者。

You should keep your promise.

你得信守承诺啊！

Don't get me started!

这事儿你都别提了。

Our tech team will sort the problem out shortly.

我们的技术团队很快就会解决这个问题。

I'm going to pull up my presentation.

我这就打开我的演示文稿。

I appreciate your comments. Let's see what others have to say on that.

谢谢你的意见。我们也听听其他人对此有什么看法吧。

I believe that teamwork is essential for achieving our goals effectively.

我相信，要有效实现我们的目标，团队合作至关重要。

There's so much to do before the deadline, but I'm confident we can manage it.

在截止日期之前还有很多事情要做，但我相信我们能应付过来。

If you have any suggestions on how we can improve our process, I'd love to hear them.

如果你对改进我们的流程有什么建议，我很想听听。

The presentation went well, and I received some positive feedback from the audience.

演讲进行得很顺利，我收到了观众的一些积极反馈。

I'm really proud of what we accomplished as a team; our hard work has truly paid off.

我真的很为我们团队取得的成果感到骄傲，我们的努力终于有了回报。

I always look forward to our weekly meetings; they keep me motivated and focused.

我总是很期待我们的每周例会，例会能让我保持动力和专注。

Let's brainstorm some ideas for our upcoming project; I'm sure we'll come up with something great!

我们为接下来的项目一起想些点子吧，我相信我们一定能想出好点子！

Let's have a follow-up discussion.

我们再讨论一下后续情况吧。

Let's schedule a conference call.

我们安排一次电话会议吧。

We'll reconvene tomorrow.

我们明天继续开会。

职场与教育相关表达 71 句

Are you available?

你有空吗？

Break the ice.

活跃一下气氛，打破拘谨吧。

Bite the bullet.

咬咬牙面对困难吧。

Burn the midnight oil.

熬夜用功。

Can you help me?

你能帮我吗？

Did you finish?

你完成了吗？

Don't bet on it.

别抱太大希望。

Do you have a minute?

你有空聊一下吗？

Face the music.

勇敢承担后果吧。

Give it your all.

全力以赴。

Get down to business.

开始干正事吧。

Hit the books.

用功学习。

Have you got it?

明白了吗?

How can I assist you?

有什么我能帮你的吗?

I'd like to request sick leave.

我想请病假。

Learn the ropes.

熟悉一下做事的门道。

I can do it.

我能做到。

I mean it.

我是认真的。

I don't understand.

我不明白。

I finished the report.

我完成了报告。

I need your help.

我需要你的帮助。

I need your signature.

我需要你的签名。

I'll do my best.

我会尽力而为。

I'm a bit busy.

我有点忙。

I'm busy right now.

我现在很忙。

I'm good at math.

我擅长数学。

I'm in a meeting.

我在开会。

I'm not sure.

我不确定。

I'm on a break.

我在休息。

I'm out of the office.

我不在办公室。

I'm ready to go.

我准备好了。

Money will come and go.

钱财总是有进有出的。

Keep your eyes on it.

保持关注。

Keep your mind sharp.

保持思维敏锐。

Keep your nose to the grindstone.

埋头苦干。

Keep track of your progress.

持续记录自己的进度。

Please clarify.

请澄清一下。

Please sign here.

请在这里签名。

Please submit the files here.

请在这里提交文件。

Please take a seat.

请坐。

Pull an all-nighter.

熬个通宵。

Put your best foot forward.

展现出你最好的一面。

Roll up your sleeves.

撸起袖子加油干。

Think it over.

仔细考虑下。

Wrap your head around it.

好好弄明白这件事。

We need to brainstorm.

我们需要集思广益。

What are your thoughts?

你有什么想法？

What do you need?

你需要什么？

What's the deadline?

截止日期是什么时候？

When is the meeting?

会议是什么时候？

Where is the restroom?

洗手间在哪里？

Who is in charge?

谁负责？

Who will be attending?

谁会出席？

Would you like some help?

你需要帮忙吗？

Would you like to join us?

你想加入我们吗？

You did a great job.

你干得很好。

You have my support.

我支持你。

You're doing well.

你做得很好。

You're right.

你是对的。

You have my word.

我保证。

You are the boss.

听你的。

You're welcome to join.

欢迎加入。

Your input is valuable.

你的意见很重要。

It's hard to say.

难说。

I'm swamped with work.

我工作忙得不可开交。

Let me check.

让我检查一下。

Let's discuss it.

我们来讨论一下。

Let's have a stand-up meeting.

让我们站着开个小会。

Let's make a plan.

我们来制定一个计划。

Let's schedule a meeting.

我们来安排个会议。

Make ends meet.

维持收支平衡。

求职准备相关表达 50 句

I have extensive experience in sales.

我在销售方面有丰富的经验。

I graduated with a degree in finance.

我毕业时获得了金融学学位。

I'm eager to contribute to the team and help achieve the company's goals.

我渴望为团队做出贡献，帮助实现公司的目标。

I'm excited about the opportunity to work with your company.

我对有机会在贵公司工作感到兴奋。

I'm confident that my skills and experience make me a strong candidate for this position.

我相信，我的技能和经验让我在应聘这个职位时很有竞争力。

I'm impressed by the company's recent achievements and growth.

我对公司最近取得的成就和发展印象深刻。

I'm interested in learning more about the company's long-term vision and goals.

我想进一步了解公司的长期愿景和目标。

I'm passionate about making progress.

我热衷于不断进步。

I'm proficient in the Microsoft Office suite.

我能熟练使用微软办公套件。

I'm committed to continuous learning and professional development.

我会坚持学习，不断提升职业能力。

Thank you for considering my application.

感谢您考虑我的申请。

The company values diversity and inclusion.

公司重视多元化和包容性。

Our team is responsible for developing new products.

我们团队负责开发新产品。

The company offers flexible work arrangements.

公司提供灵活的工作安排。

The company's headquarters are located in New York City.

公司总部位于纽约市。

The deadline for the project is next Friday.

项目的截止日期是下周五。

Thank you for considering me for this opportunity.

感谢您考虑把这次机会给我。

The interview will be conducted via video conference.

面试将通过视频会议进行。

The office hours are from 9 a.m. to 5 p.m.

办公时间是上午九点到下午五点。

We offer competitive salaries and benefits.

我们提供具有竞争力的薪水和福利。

We're excited to announce that you got the job!

我们很高兴地通知你，你被录用了！

We're impressed by your previous achievements.

我们对你以前的成就印象深刻。

We're looking for someone with strong leadership skills.

我们正在寻找领导能力较强的人。

We're looking for someone who is detail-oriented and organized.

我们正在寻找注重细节、做事有条理的人。

We're looking forward to working with a dynamic team.

我们期待着与一个充满活力的团队合作。

We're interested in hearing about your experience in project management.

我们想听听你在项目管理方面的经验。

What are your career goals?

你的职业目标是什么？

What are your interests outside of work?

你工作之外有什么兴趣？

What can you bring to the company?

你能为公司带来什么？

What challenges are you looking for in this position?

你在这个职位上期待面对什么挑战？

What do you know about this position?

你对这个职位了解多少？

What drives you to succeed?

是什么激励你追求成功？

What interests you about this job?

这份工作对你有什么吸引力？

What is your greatest achievement?

你最大的成就是什么？

What is your management style?

你的管理风格是什么？

What type of work environment do you prefer?

你喜欢什么样的工作环境？

What were your responsibilities in your previous job?

你在上一份工作中的职责是什么？

What's your dream job?

你理想中的工作是什么？

What's your salary expectation?

你的薪资期望是多少？

How would you describe your work ethic?

你会如何描述自己的工作态度？

When are you available to start?

你什么时候能到岗？

Where do you see yourself in five years?

你希望五年后的自己在职业上达到什么状态？

Why are you interested in this position?

你为什么对这个职位感兴趣？

Why did you leave your last job?

你为什么离开上一份工作？

Why do you want to work for our company?

你为什么想来我们公司工作？

Would you be willing to relocate for this position?

你愿意为了这个职位搬迁吗？

Would you like some more time to think about it?

你想再多想一会儿吗？

Would you prefer a remote or in-office position?

你更喜欢远程办公，还是到办公室上班？

You're hired!

你被录用了！

Your qualifications match what we're looking for.

你的资历符合我们的要求。

日常社交常用表达 35 句

Long time no see!

好久不见！

It's nice to meet you.

很高兴认识你。

Where are you from?

你来自哪里？

How do you like it here?

你觉得这里怎么样？

What do you do for a living?

你是做什么工作的？

This place is amazing!

这里真是太棒了！

How much is it?

这个多少钱？

Is there a discount for this?

这个有折扣吗？

Do you accept credit cards?

你们接受信用卡吗？

I'll take this one.

我就要这个。

Sorry, I didn't catch that. Could you say it again?

抱歉，我没听清。你能再说一遍吗？

That sounds great!

听起来不错！

I totally agree with you.

我完全同意你的观点。

Could you do me a favor?

你能帮我一个忙吗？

Let me think about it.

让我考虑一下。

I'm not sure about that.

我不太确定。

I'll get back to you later.

我稍后再答复你。

Is there anything I can help with?

有什么我能帮忙的吗？

You've got a point there.

你说得有道理。

That makes sense.

这很有道理。

I'm afraid I can't agree with that.

恐怕我无法同意。

Could you explain it a bit more?

你能再解释一下吗？

What do you mean by that?

你指的是什么？

Let's grab a coffee sometime.

找时间一起喝咖啡吧。

Sorry to keep you waiting.

抱歉让你久等了。

Can I call you back in a minute?

我过一会儿给你回电话，可以吗？

I'll be with you in a moment.

我马上过来。

Let's keep in touch.

保持联系吧。

Do you mind if I sit here?

你介意我坐这里吗？

That's very kind of you.

你人真好。

I appreciate your help.

感谢你的帮助。

You've been very helpful.

你帮了大忙了。

Could you speak a bit slower?

你能说慢一点吗？

I'm sorry, I don't understand.

抱歉，我没听懂。

After you.

您先请。

日常交流补充表达 33 句

How have you been since we last met?

上次见面之后，你过得怎么样？

I can't believe how quickly the time has flown by!

真没想到时间过得这么快！

If you need any help with your project, feel free to ask me anytime.

项目上要是需要帮忙，随时找我。

I think it would be a great idea to go out for dinner this weekend.

我觉得这个周末出去吃晚餐是个好主意。

I really appreciate all the hard work you've put into this project.

我非常感激你为这个项目付出的所有努力。

Let's meet up at the café around the corner later this afternoon.

我们下午晚些时候在拐角的咖啡馆见面吧。

I'm really looking forward to our trip next month; it's going to be amazing!

我真的很期待我们下个月的旅行，一定会很棒！

What do you think about the new policy that was just announced yesterday?

你对昨天刚公布的新政策怎么看？

I've been feeling a bit overwhelmed with work lately but I'm managing.

最近工作有点让我喘不过气来，但还应付得过来。

Let's not rush into a decision; we should take our time and think it through.

我们先别急着做决定，应该慢慢来，把事情想清楚。

I'm really excited about the concert we're going to next week; it's going to be fun!

一想到我们下周要去的音乐会，我就特别兴奋，一定会很有意思！

If you ever want to talk or just hang out, I'm always here for you.

你要是想聊聊或一起待会儿，随时都可以找我。

I think we should try that new restaurant that just opened downtown; I've heard good things.

我觉得我们该去试试市中心刚开的那家餐厅，听说口碑不错。

It's important to find a good balance between work and personal life.

在工作和个人生活之间找到良好的平衡是很重要的。

Let's catch up soon; I'd love to hear about what you've been up to lately.

我们最近找时间聚聚吧，我很想听听你最近在忙些什么。

I was surprised to hear the news, but I'm glad everything turned out well in the end.

听到这个消息我很惊讶，不过最后一切都很顺利，我很高兴。

I think it's really important to stay positive, even when things get tough.

我觉得，即使遇到困难，保持积极的心态也很重要。

I really enjoyed the movie we watched last weekend. The storyline was quite captivating.

我非常喜欢我们上周末看的那部电影，故事情节很吸引人。

It's great to see you again after such a long time; we should definitely catch up more often.

隔了这么久又见到你，真好。我们以后一定要多聚聚。

I've been trying to eat healthier lately, and it's made a noticeable difference in my energy levels.

最近我一直在努力吃得更健康，这让我精力充沛了不少。

I think traveling is one of the best ways to learn about different cultures and perspectives.

我认为旅行是了解不同文化和观点的最佳方式之一。

Sometimes it helps to take a step back and reassess our priorities and goals.

有时候，暂时跳出来，重新想想我们的轻重缓急和目标，会有所帮助。

It's amazing how much technology has changed the way we communicate with each other.

科技竟然让我们的沟通方式发生了这么大的变化，真让人惊叹。

If you have time this weekend, we could go for a hike and enjoy some fresh air.

如果你这个周末有时间，我们可以去远足，享受新鲜空气。

I believe that continuous learning is crucial for personal and professional growth.

我相信持续学习对个人和职业成长至关重要。

There's something special about spending quality time with family and friends.

和家人朋友好好相处、共度美好时光，有一种特别的意义。

I've been reading a lot of interesting books lately; they really inspire me to think differently.
最近我读了很多有趣的书，它们真的启发我换个角度思考。

It's important to celebrate our small victories along the way, not just the big ones.
一路走来，我们不仅要庆祝大的成功，也要庆祝每一点小小的进步。

I find that setting clear goals helps me stay organized and focused on what really matters.
我发现，设定明确的目标能让我做事更有条理，也更专注于真正重要的事。

The community event we hosted last month was a huge success, thanks to everyone's efforts.
我们上个月举办的社区活动非常成功，这要感谢每个人的努力。

I really admire your dedication and passion for your work; it's truly inspiring.
我非常佩服你对工作的投入和热情，真的很鼓舞人心。

Learning a new language can be challenging, but it opens up so many opportunities.
学习一门新语言可能很有挑战性，但它会带来很多机会。

I think it's essential to maintain a good work-life balance to avoid burnout.
我认为保持良好的工作与生活平衡是避免职业倦怠的关键。

地道打招呼表达 44 句

Good morning.
早上好。

Good afternoon.
下午好。

Good evening.
晚上好。

Good night.
晚安。

How are things?
最近怎么样？

How are you doing?
你好吗？

How are you holding up?
你还撑得住吗？

How are you feeling today?
今天感觉如何？

How are things with you?

你最近怎么样？

How have you been?

最近怎么样？

How's everything?

一切都好吗？

How's it going?

近来如何？

How's your day treating you?

你今天怎么样？

How's your week been?

你这周怎么样？

Hey, long time no chat.

嘿，好久没聊了。

Let's get together again.

改天再聚。

What's going on?

最近怎么样？

What's happening?

最近怎么样？

What have you been up to?

你最近在忙些什么？

What's new?

有什么新鲜事吗？

What's shaking?

最近怎么样啊？

What's the latest?

有什么最新消息？

What's up?

最近怎么样？

Fancy meeting you here.

真没想到在这碰到你。

Good to see you.

见到你很高兴。

Glad to meet you at last.

终于见到你了，很高兴。

It's a pleasure to finally meet you.

终于见到你，很高兴。

It's been a while.

好久不见了。

It's great to see you.

见到你真是太好了。

It's nice to see you again.

再次见到你很高兴。

I'm pleased to see you here.

在这儿见到你很高兴。

Everything's going smoothly.

一切都在顺利进行。

I'm blessed.

我很有福气。

I'm doing well, thank you.

我过得很好，谢谢。

I'm hanging in there.

我还在努力撑着。

It's been good, thanks.

最近过得不错，谢谢。

I've been great, thanks for asking.

我最近过得很好，谢谢关心。

Not much, just chilling.

没忙什么，就是放松放松。

Just keeping busy.

也没什么，就是一直忙着。

Oh, nothing has changed.

哦，没什么变化。

Pretty good.

还不错。

Same as usual.

和往常一样。

So far so good.

到目前为止都很好。

Keep in touch.

保持联系。

感谢与致歉表达 39 句

I can't thank you enough.

真是怎么感谢你都不为过。

I can't express how grateful I am.

我的感激之情难以言表。

I'm grateful for your help.

我感激你的帮助。

I'm so thankful for your assistance.

我非常感谢你的帮助。

I'm truly grateful.

我真心感激。

I really appreciate it.

我真的很感激。

Please accept my heartfelt thanks.

请接受我衷心的感谢。

Please send my thanks to your family.

请向您的家人转达我的感激之情。

Thanks a lot.

非常感谢。

Thanks a million.

万分感谢。

Thanks a bunch.

非常感谢。

Thanks for everything.

感谢你做的一切。

Thank you for your cooperation.

感谢你的合作。

Thank you from the bottom of my heart.

衷心感谢你。

You're a lifesaver.

你可真帮了我大忙！

You're too kind.

你太好了。

You've been so helpful.

你帮了我大忙。

Can you forgive me?

你能原谅我吗？

Excuse my mistake.

请原谅我的错误。

I apologize.

我道歉。

I apologize for my mistake.

我为自己的错误道歉。

I apologize for the delay.

对于这次延误，我深表歉意。

I apologize for the inconvenience.

给你带来不便，我深表歉意。

I apologize for the misunderstanding.

对于这次误会，我深表歉意。

I deeply regret it.

我对此深感后悔。

I feel awful about it.

这件事让我很过意不去。

I owe you an apology.

我应该向你道歉。

I owe you one.

我欠你一个人情。

I should have known better.

我本该知道不该这么做的。

I'm sorry for any trouble I caused.

给你添麻烦了，我很抱歉。

I'm sorry if I offended you.

如果我冒犯了你，我很抱歉。

I'm sorry if I upset you.

如果我让你不开心，我很抱歉。

I'm sorry to bother you.

很抱歉打扰你。

I'm terribly sorry.

我非常抱歉。

It's all my fault.

这都是我的错。

I'm sorry to hear that.

听到这个消息，我很难过。

Please accept my sincere apologies.

请接受我真诚的道歉。

Please excuse my behavior.

请原谅我的行为。

Please forgive my ignorance.

请原谅我的无知。

天气与时间表达 82 句

What's the weather like today?

今天的天气怎么样？

How is the weather today?

今天天气如何？

Are you free tomorrow?

明天你有空吗？

What will the weather be like tomorrow?

明天天气会怎么样?

Can we finalize the details?

我们能敲定细节吗?

It's balmy.

温暖宜人。

Can we push it back to next week?

我们能推迟到下周吗?

It's blustery.

有大风。

Can we reschedule for next week?

我们能改到下周吗?

It's chilly.

有点冷。

Do you have any plans for today?

你今天有什么安排吗?

It's clear and sunny.

天空晴朗, 阳光明媚。

Do you prefer mornings or afternoons?

你喜欢上午还是下午?

It's cloudy.

天气多云。

Don't be late.

别迟到了。

It's cooling down.

天气开始变凉了。

How about Saturday?

星期六怎么样?

I'll see you bright and early.

我们一大早见。

I'll mark it on my calendar.

我会在日历上标记的。

It's crisp.

天气清凉干爽。

It's damp.

天气潮湿。

It's drizzly.

下着细雨。

I'll pencil you in.

我先把和你的安排暂时记在日程里。

It's drizzling.

下着毛毛雨。

I'll pick you up at eight.

我八点来接你。

It's dry.

天气干燥。

I'm waiting for you.

我在等你。

It's foggy.

有雾。

I'm available all day.

我整天都有时间。

I'm looking forward to our meeting.

我期待着我们的见面。

Is the meeting at two or three?

会议是两点还是三点？

It's frosty.

外面结霜了。

It's freezing outside.

外面冷死了。

It's getting foggy.

开始起雾了。

It's hailing.

正在下冰雹。

It's a date!

就这么定了！

It's Monday.

今天是星期一。

It's March 21.

今天是3月21日。

It's hot.

天热。

It's humid today.

今天很潮湿。

It's half past three.

现在是三点半。

It's icy out there.

外面结冰了，路很滑。

It's a quarter to six.

现在是五点四十五分。

It's muggy today.

今天很闷热。

It's ten o'clock.

现在是十点。

It's misty.

有雾气。

It's nippy.

有点冷。

Let's aim for a midday break.

咱们争取中午休息一下。

It's overcast.

天阴着呢。

Let's grab lunch together.

我们一起吃午饭吧。

It's pouring rain.

大雨倾盆。

Let's make it a lunch date.

那我们就约着一起吃午饭吧。

It's scorching hot.

酷热难耐。

It's snowing.

下雪了。

Let's meet at seven.

我们七点见面吧。

It's stormy.

外面风雨交加。

Let's plan a get-together.

计划一次聚会吧。

It's sultry.

天气很闷热。

It's sunny.

天晴。

See you at the usual place.

在老地方见。

It is a nice day today.

今天天气很好。

See you in the morning.

早上见。

It is getting warmer.

天气越来越暖和了。

Shall we go now?

我们现在出发吗?

Is there a chance of showers?

可能会有阵雨吗?

Can I take a rain check?

我能改天再赴约吗?

The sky is clear.

天空晴朗。

Time flies!

时间过得真快!

The sun is shining.

阳光明媚。

We have plenty of time.

我们有足够的时间。

The temperature is dropping.

气温在下降。

We need to hurry.

我们得赶紧了。

The weather is unpredictable.

天气变化莫测。

It's a bit chilly.

有点冷。

What day is it today?

今天星期几?

There's a heat wave.

热浪来袭。

What date is it today?

今天几号?

There's a storm coming.

暴风雨要来了。

What time is it?

几点了?

There might be thunderstorms later.

晚些时候可能会有雷暴。

What time works for you?

你什么时候方便?

We should leave soon.

我们过一会儿就该出发了。

社交聚会相关表达 43 句

Are you coming to the party tonight?

你今晚来参加聚会吗？

Can I bring a plus-one?

我可以带个人一起来吗？

Do you want to grab a drink sometime?

你想要找个时间喝一杯吗？

Don't be shy. Come join us!

别害羞，来和我们一起玩吧！

Enjoy yourself at the gathering!

聚会上玩得开心点！

Excuse me, may I join you?

打扰一下，我可以加入你们吗？

Have you met everyone here?

你已经和这里的每个人都认识了吗？

How about we organize a get-together?

我们组织一个聚会怎么样？

I heard there's a party at Mark's place.

我听说马克家有个派对。

I hope you have a blast tonight!

希望你今晚玩得开心！

I invited a few friends over for dinner.

我请了几个朋友来家里吃晚饭。

I love your outfit. It's very stylish.

我很喜欢你这身打扮，很时尚。

I need to RSVP for the event.

我得回复一下是否参加这次活动。

I really enjoyed chatting with you.

跟你聊天真的很开心。

I'm bringing some snacks to the gathering.

我会带一些零食去聚会。

I'm glad you could make it to the gathering tonight.

很高兴你能来参加今晚的聚会。

I'm hosting a small gathering at my place.

我在家里举办一个小聚会。

I'm looking forward to catching up with everyone.

我期待着和大家聊聊。

I'm sorry, I have another engagement.

不好意思，我已经另有安排了。

I'm sorry, but I can't make it to the gathering tonight.

对不起，我今晚不能参加聚会。

I'm so glad we could all get together like this.

我很高兴我们能像这样聚在一起。

I'm thinking of throwing a barbecue party.

我想举办一个烧烤派对。

I'll bring some wine to share with everyone.

我会带一些葡萄酒和大家分享。

It was nice seeing you again after so long.

隔了这么久又见到你，真开心。

Let's go grab a bite to eat after the movie.

电影结束后我们去吃点东西吧。

Let's plan a night out on the town.

我们找个晚上一起出去玩吧。

Let's toast to friendship!

让我们为友谊干杯！

Please feel free to mingle with everyone.

别拘束，和大家随意聊聊吧。

Thanks for the invitation. I'll definitely come.

谢谢邀请，我一定会来的。

Thanks for bringing everyone together. It means a lot.

谢谢你让大家聚在一起，这对我来说很重要。

Thank you for inviting me. It means a lot.

谢谢你邀请我，这对我来说很重要。

Thank you for hosting such a wonderful party.

谢谢你举办这么精彩的派对。

The party starts at 7 p.m. Don't be late!

聚会晚上7点开始，别迟到！

There's going to be live music at the event.

活动上会有现场音乐表演。

This is such a fun gathering, isn't it?

这次聚会真好玩，你说是不是？

We can have a potluck and movie night at my place.

我们可以在我家聚一晚，各自带道菜来分享，再一起看电影。

We should plan a beach outing this weekend.

我们应该计划这个周末去海滩游玩。

What do you think about hosting a game night?

你觉得举办一个游戏之夜怎么样？

What's the dress code for the party?

派对的着装要求是什么？

Where did you meet all these interesting people?

你在哪里认识这些有趣的人的？

Would you like to go out for drinks sometime?

你愿意找个时间一起出去喝一杯吗？

You're welcome to join us for dinner tonight.

今晚欢迎你加入我们一起吃晚饭。

Your party was a blast! Thank you for inviting me!

你的派对真好玩！谢谢你邀请我！

出行与旅游常用表达 29 句

I'm here on vacation.

我是来这里度假的。

Do you know where the restroom is?

你知道卫生间在哪里吗？

This is exactly what I was looking for!

这正是我想要的！

How long does it take to get there?

到那里需要多久？

Is it far from here?

离这里远吗？

Excuse me, could you help me with this?

不好意思，你能帮我处理一下这个吗？

Could you give me some directions?

你能告诉我怎么走吗？

What's the best way to get there?

去那里怎么走最方便？

I'm lost. Can you help me?

我迷路了，你能帮帮我吗？

Is this a good place to shop?

这里适合购物吗？

What's the exchange rate today?

今天的汇率是多少？

Can I pay with cash?

我可以用现金支付吗？

Where's the nearest ATM?

最近的取款机在哪里？

Sorry, I'm new here.

不好意思，我刚来这里。

Is there a pharmacy nearby?

附近有药店吗？

How do you pronounce this?

这个怎么发音？

Could you write that down for me?

你能帮我写下来吗？

I'd like to try this on.

我想试穿一下这个。

Do you have this in a different color?

这个有其他颜色吗？

What's the return policy?

退货政策是什么？

Where can I buy a SIM card?

哪里可以买到手机卡？

Is there free Wi-Fi here?

这里有免费无线网络吗？

Can I have a receipt, please?

我可以要一张收据吗？

This is for you.

这个给你。

What time does the show start?

演出几点开始？

I'd like to buy two tickets, please.

我想买两张票。

Do you accept online bookings?

你们接受在线预订吗？

Can I pay in advance?

我可以提前付款吗？

What is your return policy?

你们的退货政策是什么？

交通出行相关表达 75 句

Could you show me the way to the train station?

你能告诉我去火车站怎么走吗?

Where can I catch a taxi?

哪里可以打车?

How do I get to the airport?

我怎么去机场?

What time does the next bus leave?

下一班车几点出发?

What time does the flight board?

航班几点开始登机?

Where is the boarding gate?

登机口在哪里?

Could I have an aisle seat, please?

我可以要一个靠过道的座位吗?

Do you know how long the flight will take?

你知道这趟航班要飞多久吗?

What time does the train arrive?

火车几点到?

Could you tell me which platform to go to?

你能告诉我去哪个站台吗?

Could you call a taxi for me?

你能帮我叫辆出租车吗?

Where can I park my car?

哪里可以停车?

How much does the ticket cost?

票价是多少?

Where's the baggage claim area?

行李提取区在哪里?

Is there a taxi stand nearby?

附近有出租车候车点吗?

Can you help me with my luggage?

你能帮我拿行李吗?

I'd like to rent a car.

我想租一辆车。

Do you have automatic cars available?

你们有自动挡的车吗？

How far is it from here?

离这里有多远？

Is it within walking distance?

走路能到吗？

Could you tell me the way to the nearest bus stop?

你能告诉我最近的公交车站怎么走吗？

Where can I get a ticket?

我在哪里可以买票？

Does this bus go to the airport?

这辆公交车去机场吗？

Could you let me know when we get to the station?

到站时能提醒我一下吗？

Is this the right train for downtown?

这趟列车是去市中心的吗？

Does this train stop at Central Station?

这趟列车会在中央车站停吗？

Can I get a window seat, please?

我可以要一个靠窗的座位吗？

How much is a first-class ticket?

一等座车票多少钱？

Is there a dining car on the train?

火车上有餐车吗？

I need a taxi.

我需要一辆出租车。

Can you call a taxi for me?

你能帮我叫辆出租车吗？

How far away is it?

那里有多远？

Could you take me there?

你能送我去那里吗?

Please stop here.

请在这里停车。

How much do I owe you?

我该付你多少钱?

Keep the change.

不用找了。

Where can I catch the bus?

我在哪里可以坐公交车?

When does the next bus leave?

下一班公交车什么时候出发?

Which train should I take to get there?

去那里我该乘哪趟火车?

Is this the right platform?

是在这个站台乘车吗?

How many stops until we get there?

到那里还有几站?

Can you tell me when we get there?

到那里时能告诉我一声吗?

Is this seat available?

这个座位空着吗?

I would like to rent a car.

我想租一辆车。

Can I see your driver's license?

我可以看一下你的驾照吗?

How much is the rental per day?

每天的租金是多少?

Is insurance included?

包括保险吗?

What type of fuel does the car use?

这辆车用哪种燃料?

Where can I return the car?

我在哪里可以还车？

Are we there yet?

我们到了吗？

Can I catch a ride with you?

我能搭你的车吗？

Can I park here?

我可以在这里停车吗？

Can you give me a lift?

你能载我一程吗？

Can you pull over?

你能靠边停车吗？

Did you remember to lock the car?

你记得锁车了吗？

Do you have a map?

你有地图吗？

Do you know how to get there?

你知道怎么去那里吗？

Do you need help with the luggage?

需要帮忙提行李吗？

Don't forget to buckle up.

别忘了系安全带。

Excuse me, where's the nearest bus stop?

请问，最近的公交车站在哪里？

How far is it to the airport?

到机场有多远？

How long is the layover?

转机要停留多久？

How much is the fare?

车费多少？

Watch out for pedestrians.

当心行人。

What time does the next bus arrive?

下一班公交车几点到?

What's the fastest way to get there?

怎么去那里最快?

What's the next stop?

下一站是哪一站?

What's the speed limit here?

这里的限速是多少?

Where can I find a rental car?

我在哪里可以租车?

Which platform does the train leave from?

火车从哪个站台出发?

Which way to the nearest train station?

最近的火车站怎么走?

You missed the turn.

你错过了转弯处。

You're driving too fast.

你开得太快了。

You're going the wrong way.

你走错路了。

All aboard!

请大家上车!

入住酒店相关表达 59 句

Can you recommend a nice hotel?

你能推荐一家不错的酒店吗?

I would like to book a room.

我想预订一个房间。

Do you have any vacancies?

你们有空房吗?

How much is a room per night?

每晚的房价是多少?

Is breakfast included?

包括早餐吗？

Is there free Wi-Fi?

有免费 Wi-Fi 吗？

Can I have a late check-out?

我可以晚一点退房吗？

I need a wake-up call.

我需要叫醒服务。

Could you send up some extra towels?

你能再送几条毛巾上来吗？

Can I book a room, please?

我可以预订一个房间吗？

Can I check in now?

我现在可以办理入住手续吗？

Can I check out right now?

我现在可以退房吗？

Can I have a wake-up call at 7 a.m.?

能安排早上七点的叫醒服务吗？

Can I see the room first?

我可以先看看房间吗？

Can I use the Wi-Fi here?

我可以使用这里的无线网络吗？

Do you have any available rooms?

你们有空房间吗？

Do you have room service?

你们有客房服务吗？

Do you provide breakfast?

你们提供早餐吗？

How much is a night?

一晚多少钱？

How much is the deposit?

押金多少钱？

How much will it cost for an extra bed?

加床要多少钱?

I have a reservation under the name of Smith.

我有预订, 登记的姓名是史密斯。

I'll pay in cash.

我用现金付款。

Is breakfast included in the room rate?

早餐包含在房价中吗?

Is there a gym or a swimming pool?

有健身房或游泳池吗?

Is there a minibar in the room?

房间里有迷你吧吗?

Is there any discount for a long-term stay?

长期住宿有折扣吗?

May I have an extra pillow?

可以再给我一个枕头吗?

May I have the key to room 203?

可以给我203号房的钥匙吗?

My room hasn't been cleaned yet.

我的房间还没有打扫。

My shower isn't working properly.

我房间的淋浴设施不太好用。

The air conditioning is too cold.

空调太冷了。

The elevator is out of order.

电梯坏了。

The hotel is fully booked.

酒店已全部订满。

The room has a nice view.

从这个房间看出去, 景色很好。

The room is too noisy.

房间太吵了。

The room service is excellent.

客房服务非常好。

The water pressure is too low.

水压太低了。

There are no towels in my room.

我的房间没有毛巾。

There is a problem with the TV.

电视有问题。

There's no hot water in my room.

我的房间没有热水。

This hotel has a five-star rating.

这家酒店被评为五星级。

What time is check-out?

退房时间是几点？

What time is check-in?

入住时间是几点？

Where can I get a taxi?

我在哪里可以打到出租车？

Where is the nearest ATM?

最近的自动取款机在哪里？

Where is the nearest bus stop?

最近的公交车站在哪里？

Where is the nearest convenience store?

最近的便利店在哪里？

Where is the nearest pharmacy?

最近的药店在哪里？

Where is the reception desk?

前台在哪里？

Where's the nearest restaurant?

最近的餐厅在哪里？

Which floor is the pool on?

游泳池在哪一层？

Will you hold my luggage for me?

你们可以帮我保管行李吗？

Would you like a smoking or non-smoking room?

您想要可吸烟房还是无烟房？

Would you like me to call a taxi for you?

要我帮你叫出租车吗？

Would you like room service?

您需要客房服务吗？

You can pay upon check-out.

您可以在退房时付款。

You need to leave a deposit.

您需要交押金。

Your room number and key, please.

请报一下您的房号，并把钥匙交给我。

旅游观光相关表达 50 句

Could you take a photo for me?

你能帮我拍张照片吗？

What time does the museum open?

博物馆几点开门？

Could you recommend some local attractions?

你能推荐一些本地的景点吗？

How much is the entrance fee?

门票多少钱？

Do you have a map of the city?

你有这座城市的地图吗？

Is there a guided tour available?

有导游带领的游览活动吗？

Are there any guided tours available?

有导游带领的游览活动吗？

Are there any famous landmarks nearby?

附近有什么著名的地标吗？

Are there any special events happening today?

今天有什么特别的活动吗？

Can I get a refund if I cancel my tour?

如果取消游览行程，我能拿到退款吗？

Can I pay with a credit card?

我可以用信用卡付款吗？

Can I rent a car for the day?

我可以租辆车用一天吗？

Can you recommend any local cuisine?

你能推荐一些当地美食吗？

Do you have a map of the area?

你有这一带的地图吗？

Do you offer group discounts?

有团体折扣吗？

Do you provide transportation for the tour?

你们为这次游览提供交通服务吗？

How can I get to the top of the mountain?

我怎么才能到达山顶？

How do I get to the city center from here?

从这里怎么去市中心？

How far is it to the next attraction?

到下一个景点有多远？

How long does the tour last?

这次游览需要多长时间？

How much is the admission fee?

入场费是多少？

How many people are in the tour group?

旅行团里有多少人？

I'd like to book a guided tour.

我想预订一次导览活动。

I'd like to take a self-guided tour.

我想自己参观一下。

Is photography allowed here?

这里可以拍照吗?

Is there an audio guide available?

有语音导览吗?

Is there a guided tour in English?

有英语讲解的导览活动吗?

Is there a restroom on the tour route?

游览路线上有洗手间吗?

Is there a discount for students or seniors?

学生或老年人有折扣吗?

Is there a shuttle service to the airport?

有去机场的班车服务吗?

May I have a brochure about the attractions?

我能拿一份景点介绍吗?

May I have a schedule of the tours?

可以给我一份游览活动的时间表吗?

May I take pictures inside the museum?

我可以在博物馆里拍照吗?

Please keep up with the group.

请跟上队伍。

Please keep your belongings with you at all times.

请始终随身携带您的物品。

Thank you for the informative tour!

谢谢你的详细讲解!

The tour starts at the main entrance.

游览从主入口开始。

The tour will depart shortly.

游览团马上就要出发了。

The tour will end at the starting point.

游览将在出发点结束。

What are the opening hours of the museum?

博物馆的开放时间是什么时候?

What time does the next tour start?

下一次导览什么时候开始?

What time is the last tour of the day?

今天最后一场导览是几点?

What's the best way to get around the city?

在城里出行, 哪种方式最方便?

Where can I find a taxi stand?

哪里有出租车候车点?

Where is the meeting point for the tour?

旅行团的集合点在哪里?

Where can I find the tourist information center?

我在哪里可以找到旅游咨询中心?

Which bus goes to the city center?

哪路公交车去市中心?

Would you like to join our walking tour?

你想参加我们的步行导览吗?

Would you like to purchase some souvenirs?

你想买一些纪念品吗?

Please listen to the safety instructions carefully.

请仔细听安全须知。

享用美食相关表达 (一) 74 句

Can I get a coffee to go?

我可以要一杯外带咖啡吗?

What's the specialty of the house?

这里的招牌菜是什么?

Can I have the check, please?

麻烦结一下账, 好吗?

I'd like to reserve a table for two.

我想预订一张两人桌。

Is this safe to drink?

喝这个安全吗?

What's the local specialty here?

这里有什么当地特色美食?

Could you recommend a good restaurant nearby?

你能推荐一家附近的好餐馆吗?

Do you serve vegan dishes?

你们提供纯素菜肴吗?

What's the house special?

店里的特色菜是什么?

Could I have the menu, please?

我可以看一下菜单吗?

What's the most popular dish here?

这里最受欢迎的菜是什么?

Can I have a glass of water?

我可以要一杯水吗?

Do you know a good restaurant nearby?

你知道附近有好的餐馆吗?

Can I see the menu, please?

我可以看看菜单吗?

I would like to order this dish.

我想点这道菜。

Could you recommend a dish?

你能推荐一道菜吗？

I have a food allergy.

我有食物过敏的情况。

Please leave this ingredient out of my dish.

请不要在我的菜里放这种配料。

Can I get this to go?

这个可以外带吗？

Do you have vegetarian options?

你们有素食选择吗？

Can I have more water, please?

可以给我多点水吗？

The food is delicious!

这食物真好吃！

Could I have the check, please?

麻烦给我一下账单。

Do you accept tips?

你们收小费吗？

Are you ready to order?

你准备好点菜了吗？

Can I get a refill, please?

可以帮我续杯吗？

Can I get some more bread, please?

我可以再要点面包吗？

Can I have a fork, please?

我可以要一个叉子吗？

Can I have a to-go box, please?

可以给我一个打包盒吗？

Can I see the dessert menu, please?

我可以看看甜点菜单吗？

Can we have the bill, please?

麻烦给我们拿一下账单，好吗？

Can we split the bill, please?

我们能分开付账吗？

Could we sit by the window, please?

我们可以坐在靠窗的地方吗？

Do you have any recommendations?

你们有什么推荐吗？

Do you have any specials today?

今天有什么特色菜？

Do you have any vegetarian options?

你们有素食选择吗？

Do you serve breakfast all day?

你们全天供应早餐吗？

Excuse me, is this seat taken?

打扰一下，请问这个座位有人吗？

I'm a foodie.

我是一个吃货。

I am on a diet.

我在节食。

I'm in food heaven.

我在美食天堂。

I'm stuffed.

我吃撑了。

I am too full to eat another bite.

我太饱了，一口也吃不下了。

I am vegetarian.

我吃素。

I don't eat meat.

我不吃肉。

I don't have a sweet tooth.

我不爱吃甜食。

I don't like spicy food.

我不喜欢辣的食物。

I'd like a table for two, please.

麻烦给我安排一张两人桌。

I'd like to make a reservation.

我想预订。

I have a sweet tooth.

我喜欢甜食。

I'll have the same, please.

我也要一样的。

I'll have the steak, medium rare.

我要一份牛排，三分熟。

I'll pay by card, please.

我刷卡，谢谢。

Is the tip included?

小费包含在内吗？

It's a feast for the eyes.

这是一场视觉盛宴。

It's on me.

我请客。

It's on the house.

这是店里免费赠送的。

Let's grab a bite to eat.

我们去吃点东西吧。

May I have a glass of water, please?

我可以要一杯水吗？

May I have a menu, please?

我能看一下菜单吗？

May I take your order?

现在可以为您点餐了吗？

That was a delightful meal.

这顿饭吃得很愉快。

That's finger-licking good!

好吃得让人想舔手指!

The food was delicious.

食物很美味。

The chef's special is very popular.

主厨推荐的特色菜很受欢迎。

The flavors really come together nicely.

这些味道融合得真好。

The service was excellent.

服务很好。

This dish is too salty.

这道菜太咸了。

This food is to die for.

这东西实在太好吃了。

This meal hits the spot.

这顿饭吃得真满足。

What's today's special?

今天的特色菜是什么?

What do you recommend for dessert?

你推荐点什么甜点?

What kind of dressing would you like?

您想要哪种沙拉酱?

Excuse me, can we have the check?

打扰一下, 能把账单拿给我们吗?

休闲娱乐相关表达 8 句

I'm up for a game of soccer at the park tomorrow.

我很乐意明天去公园踢场足球。

Ice skating is always a good time.

滑冰总能让人玩得很开心。

Just chilling at home, watching TV.

在家里悠闲地看电视。

I love going to the movies. Wanna join me?

我喜欢去看电影，想和我一起去吗？

I'm planning to visit the zoo this weekend.

我打算这个周末去动物园。

I'm thinking of going kayaking on the lake tomorrow.

我在考虑明天去湖上划皮划艇。

I wanna try out a new hobby, like photography.

我想尝试一个新爱好，比如摄影。

Let's take a spontaneous trip.

我们来一场说走就走的旅行吧。

餐厅服务补充表达 2 句

Would you like anything else?

你还要别的吗？

Would you like some more water?

你要再来点水吗？

欢乐时光相关表达 20 句

Are you free this weekend?

这个周末你有空吗？

Are you up for a movie night this Friday?

这周五晚上看电影怎么样？

Bowling sounds fun. Wanna go?

打保龄球听起来很有趣，想去吗？

Can't wait to go camping next weekend!

真等不及下周末去露营了！

Do you enjoy going to art galleries?

你喜欢去艺术画廊吗？

Do you fancy going to a concert this weekend?

你想这个周末去听音乐会吗？

Do you like going to concerts?

你喜欢去听音乐会吗？

Do you want to go swimming at the pool tomorrow?

你明天想去游泳池游泳吗？

Enjoying a picnic in the park today.

今天在公园享受野餐时光。

Fishing is so relaxing, don't you think?

钓鱼真让人放松，你不觉得吗？

Going to a concert with friends tonight.

今晚和朋友们去听音乐会。

Going to a theme park this Saturday. Wanna join?

这个星期六打算去主题公园，想一起去吗？

Going to the arcade later. Wanna come?

待会儿打算去游戏厅，想一起来吗？

Let's go for a hike in the mountains tomorrow.

明天我们去山上远足吧。

Let's go for a walk in the woods today.

今天我们去森林里散步吧。

Let's play some video games together.

我们一起打电子游戏吧。

Movie night at my place tonight. Wanna come over?

今晚在我家看电影，想过来一起看吗？

Spending the day at the museum. Wanna come along?

打算在博物馆待上一整天，想一起去吗？

The beach is calling my name today!

今天海滩在呼唤我！

What about going bowling tonight?

你觉得今晚去打保龄球怎么样？

科技生活相关表达 48 句

Can I borrow your phone charger?

我能借你的手机充电器吗？

Can you email me the details?

你能把详细信息通过邮件发给我吗？

Can you help me troubleshoot this issue?

你能帮我排查一下这个问题吗？

Can you show me how to set up a VPN?

你能教我如何设置 VPN 吗？

Can you teach me how to use this program?

你能教我如何使用这个程序吗？

Do you have a backup plan?

你有备用方案吗？

Do you have Wi-Fi here?

这里有无线网络吗？

Don't forget to set up two-factor authentication.

别忘了设置双因素身份验证。

Did you save your work?

你把做好的内容保存了吗？

How do I access the settings?

我怎样进入设置？

How much storage space do I have left?

我还有多少存储空间？

How secure is your password?

你的密码有多安全？

Have you updated your software recently?

你最近更新软件了吗？

I accidentally deleted that file.

我不小心删掉了那个文件。

I can't find my phone charger.

我找不到手机充电器了。

I can't connect to the printer.

我无法连接到打印机。

I can't remember my password.

我忘记了我的密码。

I'm downloading a new app.

我正在下载一个新的应用程序。

I need to update my operating system.

我需要更新操作系统。

I need to update my email signature.

我需要更新我的电子邮件签名。

Is there an app for that?

有对应的应用程序吗？

Is your device compatible with this software?

你的设备与这个软件兼容吗？

I think my phone is overheating.

我觉得我的手机太烫了。

I think my device has a virus.

我觉得我的设备中了病毒。

Let's schedule a video call.

我们安排一个视频通话吧。

Let's sync our calendars.

我们同步一下日历吧。

My computer crashed again.

我的电脑又崩溃了。

My laptop battery is running low.

我的笔记本电池快没电了。

Please back up your data regularly.

请定期备份您的数据。

Please turn off your electronic devices.

请关闭你的电子设备。

Remember to log out when you're done.

用完后记得退出登录。

The app keeps crashing.

这个应用程序一直崩溃。

The internet connection is slow.

网络连接很慢。

The password is case-sensitive.

密码区分大小写。

There's a new update available.

有新的更新可用。

There's a problem with my webcam.

我的网络摄像头有问题。

This device needs to be charged.

这个设备需要充电。

This website is not loading.

这个网站加载不出来。

Turn on airplane mode during the flight.

在飞行期间打开飞行模式。

What's your username for this account?

这个账户的用户名是什么？

Where is the nearest charging station?

最近的充电站在哪里？

What's the latest version of the software?

这个软件的最新版本是什么？

We're experiencing network issues.

我们遇到了网络问题。

Where's the nearest tech store?

最近的数码产品店在哪里？

Your device needs to be updated.

你的设备需要更新。

You need to clear your browser cache.

你需要清除浏览器缓存。

Your password must contain at least eight characters.

你的密码必须至少包含八个字符。

Your session has expired.

你的会话已经过期。

紧急状况相关表达 41 句

Are you feeling dizzy?

你感觉头晕吗？

Are you injured?

你受伤了吗？

Please stay calm.

请保持镇静。

Call 911 immediately.

立即拨打 911。

Can you move your fingers and toes?

你能动手指和脚趾吗？

Cover the wound with a clean cloth.

用干净的布覆盖伤口。

Don't move. I'll get help.

别动，我去找人帮忙。

Don't panic.

不要惊慌。

Don't touch anything.

别碰任何东西。

Don't worry. Everything will be fine.

别担心，一切都会好起来的。

Emergency services are on their way.

紧急救援人员正在赶来。

Follow me. I'll help you.

跟我来，我来帮你。

Help is on its way. Stay strong.

救援正在赶来，坚持住。

Help me, please!

请帮帮我!

Hold on. Help is coming.

撑住, 救援正在赶来。

Hold onto my hand tightly.

紧紧抓住我的手。

Hold tight. We're almost there.

抓紧, 我们快到了。

I need urgent assistance.

我需要紧急帮助。

I'll call for an ambulance.

我会叫救护车的。

I'll get help right away.

我马上去找人帮忙。

I'll keep you warm.

我会让你保持温暖的。

I'll stay with you until help arrives.

我会一直陪着你, 直到救援到来。

Is there a doctor nearby?

附近有医生吗?

Keep breathing. Don't stop.

继续呼吸, 别停。

Keep pressure on the wound.

继续按住伤口。

Keep your head elevated.

保持头部抬高。

Please listen carefully to my instructions.

请仔细听我的指示。

Please hurry. It's an emergency.

请快点, 这是紧急情况。

All clear.

危险解除。

Please remain calm and cooperate.

请保持冷静并配合。

Stay awake. Don't close your eyes.

保持清醒，别闭上眼睛。

Stay calm and breathe deeply.

保持冷静，深呼吸。

Stay here. It's safe.

留在这里，这里很安全。

Stay with me. Keep talking.

保持清醒，继续跟我说话。

Stay strong. You'll be okay.

坚持住，你会没事的。

Take deep breaths and relax.

深呼吸，放松一下。

This is an emergency situation.

这是紧急情况。

Try to stay conscious.

尽量保持清醒。

Try to stay calm and focused.

尽量保持冷静和专注。

We need to get you to a hospital.

我们需要把你送到医院。

We need to stop the bleeding.

我们需要止血。

常用口语短句 64 句

All the best.

祝你一切顺利。

Anytime.

随时可以。

Anytime now.

马上就要发生了。

Be careful.

小心。

Be safe.

注意安全。

Better luck next time.

祝你下次好运。

Bless you.

保重！（回应别人打喷嚏）

Bottom line.

最关键的一点。

Break a leg.

祝你演出成功。

Brilliant idea.

好主意。

Cheers, mate.

谢了，伙计。（英式口语）

Come on.

来吧。

Cool down.

冷静点。

Copy that.

收到。

Cut it out.

别闹了。

Dear me.

天哪！（略显老派）

Easy now.

别激动。

Forget it.

算了吧。

For sure.

当然。

Full stop.

就是这样，没什么好说的。（英式口语）

Funny guy.

搞笑的家伙。

Go ahead.

继续。

Good idea.

好主意。

Good luck.

祝你好运。

Great job!

做得好！

Great work.

做得好。

Hold on.

等一下。

Hurry up.

快点。

I guess.

大概是吧。

I see.

我明白了。

I understand.

我理解。

Just kidding.

只是开玩笑。

Let's go.

我们走吧。

Make it happen.

把这事办成。

My bad.

是我的错。

My pleasure.

乐意效劳。

Never mind.

不要紧。

Nice shot.

打得漂亮。

Nice try.

试得不错。

No problem.

没问题。

No way.

不可能。

Of course.

当然。

Ready, go!

预备，开始！

Ready, set, go!

各就各位，预备，开始！

Roger that.

收到。

Right now.

立刻。

So be it.

就这样吧。

So long.

再见。

Sure thing.

当然可以。

Take care.

保重。

That's it.

就这样。

That's life.

这就是生活。

That's mine.

那是我的。

Time's up.

时间到。

Very good.

非常好。

Watch out.

小心。

Well done.

做得好。

Well said.

说得好。

What now?

现在怎么办?

What's next?

接下来是什么?

What's wrong?

怎么了?

You bet.

当然可以。

You first.

你先来。

You wish.

你想得美。

酷炫表达 32 句

Absolutely!

当然!

Amazing!

太神奇了!

Awesome!

太棒了!

Awesome sauce!

棒极了! (俏皮、略显过时的说法)

Bingo!

答对了!

Brilliant!

太棒了!

Bummer!

真扫兴!

Cheers!

干杯!

Cool!

太酷了!

Darn it!

讨厌!

Fabulous!

棒极了!

Fantastic!

太好了!

Gosh!

天哪!

Hooray!

万岁！

Incredible!

不可思议！

Nope!

不是的！

Nuh-uh!

才不是呢！（很随意、略带孩子气）

Oops!

哎呀！

Oopsie!

哎呀！（俏皮或哄孩子的语气）

Ouch!

哎哟！

Perfect!

完美！

Seriously?

真的吗？

Sweet!

太棒了！

Terrific!

太棒了！

Whatever!

随便你吧！（不耐烦的语气）

Yay!

太好了！

Yeah!

是的！

Yikes!

哎呀，真吓人！

Yippee!

耶！（兴奋、略带孩子气）

Yup!

是的!

Yuck!

真恶心!

Absolutely not.

绝对不行。